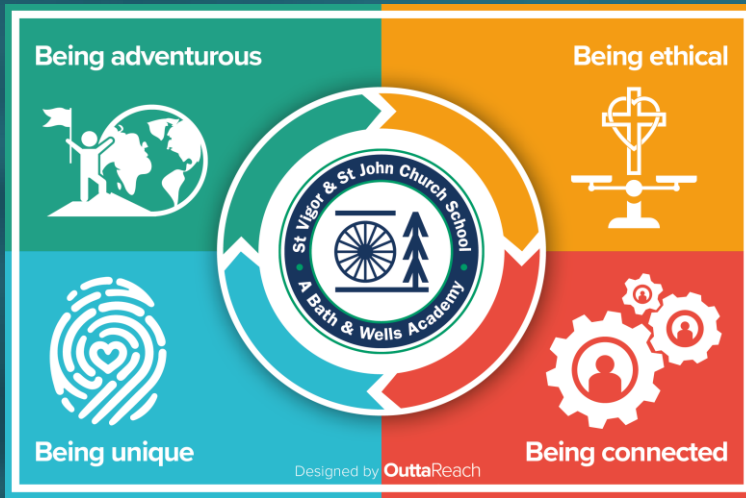




St Vigor & St John Church School

Swimming Strategy



All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

-Department of Education

At SVSJ we believe swimming is a critical life skill, a highly-inclusive sport and a mechanism for everyone to maintain a healthy mind and body. Our ambition is to offer an exceptional swimming programme to pupils. We want *all* pupils to leave primary school exceeding the expectations above. We know that we are more likely to be successful in this endeavour if we offer a safe, consistent and steady approach.

- Our offer:

All year groups (1-6) will have a term of swimming each year. This is part of the PE curriculum

Swimming teaching will be delivered by SVSJ staff who have been appropriately trained and know the children they are teaching

Our focus is on confidence and enjoyment

We have signed-up to the Swim England charter and are trained and use resources by the STA (Swimming Teachers Association)

Resources will be committed to pupils who require additional support

Pupils who are competent swimmers will work on stroke techniques, fitness, application of skills in games situations and competitive swimming



2024- 25	Swimming				
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Gentian – Downside	Swim Team - Downside	Foxglove - Downside	Bryony - Binegar	Catch-up swimming- Binegar	Campion - Binegar
Dogwood - Downside	Elder – Downside				

We deliberately currently use 2 settings for swimming-using the smallest and most accessible pool for our youngest pupils and moving-up to a full 25m pool for the eldest.