



Empowering Parents Programme: Bonus Session!

From Influence to Identity: Misogyny and Healthy Relationships



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In today's digital world, young people are exposed to more influence than ever before, particularly regarding confidence, relationships, and identity. This session helps parents understand the rise of harmful online narratives, including misogynistic content, and why these messages appeal especially to young boys.

Through a balanced and non-judgmental approach, we will explore online activity, its potential impact on young people, and, most importantly, what parents can do to support their children in building healthy confidence, respectful relationships, and critical thinking skills.

This is not about blame or fear, but about equipping parents with the awareness and tools to have meaningful conversations that truly make a difference.



Online



Thursday
4th June
2026



6pm - 7pm